

January 5, 2009

Dear Parents of Senior Highs:

The PCCT Youth Fellowship program will once again be offering our annual Senior High Ski Retreat Weekend. **Our topic for the weekend will be “Love Your Neighbor as Yourself.”** The retreat will begin on Friday January 30th at 6 p.m., and will end on Sunday February 1st at 5 p.m. (There is the possibility of an earlier Sunday return, depending upon ski conditions and participant schedules.)

The \$70.00 price for the weekend includes food and lodging, but teens should bring spending money for skiing and other activities. We have rented a large home in the Timber Trails area of Pocono Pines (Pennsylvania.) There are many activities in the Pocono Pines area... skiing, boarding, tubing, hiking, shopping and more. We will be skiing/boarding/tubing at the Jack Frost Ski Area, about a 15 minute ride from the retreat house. I have attached a list of Jack Frost offerings & prices, but you can also check their website at www.jfbb.com. Confirmation students are welcome and encouraged to join the fun as there is no confirmation this weekend!

In addition to hitting the slopes, the retreat will include space for morning devotions, evening programs, and a Sunday morning worship service. This weekend is a nice break for our senior high youth in that it offers something there never seems to be enough of – *time*. While on the retreat, teens will have time to be outside doing something healthy, as well as time for fun, time for rest, time for talking, and time to re-charge their batteries.

A few male and female chaperones are needed so I hope you will consider joining us, and assisting Seminararian Kelly Roman and our youth leaders who will be on the trip. This is a wonderful opportunity for parents to spend some time with their teen and his/her peers. It is our practice to keep siblings and parents separated for the purpose of small group discussions, while providing opportunities for interaction in a larger group.

Food providers are needed. Please indicate on the Registration and Volunteer Form if you will shop for food or prepare a dish for our meals. You will be contacted approximately 7 days before the trip for your assignment. Receipts for all purchases will be reimbursed.

Please respond as soon as possible by completing and sending the following items to the church office:

- Registration & Volunteer Form
- Permission Slip/Medical Release
- Copy of insurance card
- Check for \$70 made out to PCCT *

*Several scholarships are available! If you are interested please contact me.

Please note that **space is limited to 16 youth**. Priority will be given to Senior High Fellowship members, then church members, then to friends of Senior High members.

Parents: We ask that your teen only bring what they need for two days. This is a “luggage-intensive” trip. More luggage means less room for people, and more adults driving. Thanks for monitoring the amount of “stuff” your teen will bring.

We’re looking forward to a great time, and we hope your teen is too!

Sincerely,

Rev. Marc Oehler

Enclosures

Registration & Volunteer Form

Permission Form/Medical Release

Trip Flier/Jack Frost Ski Area Rate Sheet

Deadline: January 27, 2009

Please get your registration in on time so leaders and volunteers have enough time to plan for your teen’s enjoyment.

PCCT Senior High Retreat 2009 Registration & Volunteer Form

Youth Name: _____ **Grade:** _____

Home Telephone: _____

Parent/Guardian Name(s): _____

Home Phone: _____ **Cell:** _____

TO BE COMPLETED BY YOUTH:

What do you want to do on the retreat?

I want to ski/board and will need: (CHECK ONE)

- a lift ticket. I will bring my own skis/snowboard
 a lift ticket AND to rent skis/snowboard

I don't want to ski/board. I'd like to: (CHECK ONE)

- go snowtubing** go shopping in Tannersville
 go hiking other _____

Travel Arrangements

Check One:

I will be ready to leave from the church parking lot at 6 pm on Friday and have made arrangements to be picked up from the church parking lot at 5 pm on Sunday.

I have made other arrangements to arrive at the retreat house at _____ (date/time) with _____ (name/relationship to driver)

I have made other arrangements to return from the retreat house at _____ (date/time) with _____ (name/relationship to driver)

TO BE COMPLETED BY PARENT/GUARDIAN:

Volunteer Opportunities (please check all that apply)

- I will be a chaperone and –
 - I will drive round trip
 - I will drive one way -----> Please indicate TO or FROM
 - I will ski or board
 - I will lead an alternative activity
 - I will be in the lodge/at the house
 - Other: _____

I will help shop for groceries

I will prepare food (i.e., casserole, coffee cake, etc.) for one meal

Other Important Information:

My teen has a: (circle all that apply)

food allergy (please write in below)

other special dietary need – (Talk to Kelly Roman)

Anything else we should be aware of? (Please note below.)

2009 Senior High Retreat - Permission Form

I give my son/daughter, _____, permission to take part in the Senior High Retreat Weekend - Friday, January 30th through Sunday, February 1st, 2009.

In the event of a medical emergency, I give my permission for the adult(s) in charge to authorize any necessary medical treatment, including hospitalization.

Parent's signature

Date

INSURANCE INFORMATION

***** Please include a copy of your insurance card! *****

Name of policy holder _____

Name of insurance provider _____

Policy/Group Numbers: _____ Employer: _____

In case of emergency, and I can not be reached at home or by cell, please call:

Name: _____ Phone: _____

Name: _____ Phone: _____

Physician's Name & Phone Number: _____

Date of last tetanus shot: _____

Allergies: _____

Special health problems: _____

Medications: _____

Other problems we should be aware of? _____

Senior High Retreat 2009

Who: Senior Highs

What: Ski (or Not) Retreat Weekend

Where: Pocono Pines, Pennsylvania

When: Friday, January 30th – Sunday, February 1st, 2009

Departure: Meet in the PCCT Youth Lounge at 6 p.m. on Friday

Return: Sunday: No later than 5 p.m. to the PCCT Lot

WHAT DO I NEED TO BRING? (Please – bring only what you need)

- Sleeping bag
- Pillow
- Towel/wash cloth
- Toiletries
- Warm clothes (ski pants, hat/helmet, gloves, heavy socks, etc.)
- Backpack for lodge (if you plan to leave stuff with a chaperone)
- Ski/boarding equipment (if you have it)
- Equipment locks OR lots of quarters to use ski area locks
- Cash (lift tickets, rentals, shopping – please see attached rates)

JACK FROST SKI AREA RATE SHEET

2009 Rates

Skiing and snowboarding can be dangerous sports.
Jack Frost Ski Area urges all guests to consider using a helmet.

SKIING/BOARDING

Lift Ticket

Youth	\$36.00/day
Adult	\$48.00/day

Rentals

Skis/Board	\$25.00/day
Helmet	\$10.00/day

SNOWTUBING

3 hour session	\$25.00
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